

Monday	Tuesday	Wednesday	Thursday	Friday
2 LeafSpring School Closed	3 Assorted Muffins and Milk Mac and Cheese, Green Beans, Pears, and Milk Bread Sticks, Parmesan Marinara, and Water	4 Strawberry Yogurt, Granola and Water BBQ Chicken on a Bun, Baked Beans, Mandarin Oranges, and Milk Ritz, Turkey, Cheese and Water	5 Cheese Toast, Bananas and Water Spinach and Cheese Ravioli w/ Marinara, Pineapple, and Milk Nutri-Grain Bar, Fresh Fruit, and Water	6 Turkey Sausage, Egg and Cheese Scramble and Water Perla's Cheese Pizza Day, Salad w/ Italian Dressing, Tropical Fruit, and Milk Hummus, Pita Triangles and Water
9 Waffles with Jelly and Milk Sloppy Joe on a Bun, Mixed Vegetables, Mandarin Oranges, and Milk Carrots w/Ranch*, Goldfish and Water (*Sub Cheese Stick <3)	10 Rice Chex and Milk Grilled Chicken on a Bun, Lima Beans, Peaches, and Milk Cheeze-Its, Diced Pears, and Water	11 Bagels w/ Cream Cheese and Water Chicken Salad, Saltines, Cooked Carrots, Diced Pears, and Milk Trail Mix and Milk	12 Blueberry Overnight Oats and Water Spaghetti and Meat Sauce, Peas, Mixed Fruit, Milk Spinach Dip, Ritz and Water	13 Egg Patty, Cheese, English Muffin and Water Pulled Pork on a Bun, Green Beans, Pineapple, and Milk Graham Crackers, Wow Butter and Water
16 Cheerios and Milk Grilled Cheese, Succotash, Mandarin Oranges, and Milk Yogurt, Apple Slices* and Water (*Sub Graham Crackers <2)	17 Cheesy Grits, Turkey Bacon and Water Grilled Chicken Nuggets, Roll, Peas, Tropical Fruit, and Milk Pretzel Twists, Cheese Stick, and Water	18 Pancakes, Strawberries, and Water Chicken Quesadilla, Salad w/Ranch Dressing, Applesauce, and Milk <u>Monthly Birthday Celebration</u> S'mores Mix*, and Milk (*No Marshmallows <3)	19 Breakfast Sausage Skillet and Water Turkey and Cheese Wraps, Green Beans, Peaches, and Milk Fig Bar, Banana and Water	20 Waffles w/ Wow Butter and Milk Hamburger on a Bun, Broccoli Pineapple, and Milk Saltines, Turkey, and Water
23 Apple Cinnamon Muffins and Milk Chicken Florentine, Roll, Peas, Peaches, and Milk Ritz, Pepperoni, Cheese Cubes and Water	24 Bagel w/Wow Butter and Water Broccoli, Rice, and Cheese Casserole, Tropical Fruit, and Milk Blueberries, Goldfish, and Water	25 Rice Krispies and Milk Tuna Salad, Roll, Green Beans, Pineapple and Milk Hummus, Pita Triangles and Water	26 Cheesy Potato and Egg Scramble and Water Beef Nachos*, Salad with Italian Dressing, Pears, and Milk (*Sub Tortilla <2) Soft Pretzels w/ Honey Mustard and Milk	27 French Toast Sticks, Bananas, and Water Cheesy Baked Penne Pasta, Mixed Veggies, Mandarin Oranges, and Milk Carrot Sticks*, Bell Peppers, Onion Dip, and Water (Sub Ritz <3)
30 Breakfast Sausage Skillet and Water Broccoli Chicken Alfredo Pasta, Tropical Fruit, and Milk Fresh Fruit, Animal Crackers, and Water	1 Cereal Variety and Milk Soft Chicken Taco, Black Beans & Corn, Peaches, and Milk Saltines, Pepperoni, Cheese and Water	2 Vanilla Yogurt, Granola, and Water Turkey & Cheese Sandwich, Peas, Mandarin Oranges, and Milk Apple Slices*, Wow Butter and Water (*Sub Graham Crackers <2)	3 Egg Patty, Pork Bacon, English Muffin and Water Orange Chicken, Rice, Broccoli, Pears, and Milk Tortilla Chips* with Cheese and Salsa, and Water (*Sub Tortillas <2)	4 Cheese Toast and Milk Pulled Pork on a Bun, Cole Slaw, Fruit Salad, and Milk Trail Mix, Strawberries and Water



Please note: Fresh fruit may be added when available. Grain items are whole wheat or whole grain

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2 LeafSpring School Closed	3 Assorted Muffins and Milk Mac and Cheese, Green Beans, Pears, and Milk Bread Sticks, Parmesan Marinara, and Water	4 Strawberry Yogurt, Granola and Water BBQ Veggie Patty on a Bun, Baked Beans, Mandarin Oranges, and Milk Ritz, Cheese Slices and Water	5 Cheese Toast, Bananas and Water Spinach and Cheese Ravioli w/ Marinara, Pineapple, and Milk Nutri-Grain Bar, Fresh Fruit, and Water	6 Veggie Sausage, Egg and Cheese Scramble and Water Perla's Cheese Pizza Day, Salad w/ Italian Dressing, Tropical Fruit, and Milk Hummus, Pita Triangles and Water
9 Waffles with Jelly and Milk Veggie Crumble Joe's on a Bun, Mixed Vegetables, Mandarin Oranges, and Milk Carrots w/Ranch*, Goldfish and Water (*Sub Cheese Stick <3)	10 Rice Chex and Milk Veggie Patty on a Bun, Lima Beans, Peaches, and Milk Cheeze-Its, Diced Pears, and Water	11 Bagels w/ Cream Cheese and Water Veggie Chicken Salad, Saltines, Cooked Carrots, Diced Pears, and Milk Trail Mix and Milk	12 Blueberry Overnight Oats and Water Spaghetti and Marinara, Peas, Mixed Fruit, Milk Spinach Dip, Ritz and Water	13 Egg Patty, Cheese, English Muffin and Water Veggie Patty on a Bun, Green Beans, Pineapple, and Milk Graham Crackers, Wow Butter and Water
16 Cheerios and Milk Grilled Cheese, Succotash, Mandarin Oranges, and Milk Yogurt, Apple Slices* and Water (*Sub Graham Crackers <2)	17 Cheesy Grits, Veggie Sausage and Water Grilled Veggie Nuggets, Roll, Peas, Tropical Fruit, and Milk Pretzel Twists, Cheese Stick, and Water	18 Pancakes, Strawberries, and Water Cheese Quesadilla, Salad w/Ranch Dressing, Applesauce, and Milk <u>Monthly Birthday Celebration</u> S'mores Mix*, and Milk (*No Marshmallows <3)	19 Veggie Sausage and Veggies Skillet and Water Cheese Wraps, Green Beans, Peaches, and Milk Fig Bar, Banana and Water	20 Waffles w/ Wow Butter and Milk Veggieburger on a Bun, Broccoli Pineapple, and Milk Saltines, Cheese, and Water
23 Apple Cinnamon Muffins and Milk Veggie Chicken Florentine, Roll, Peas, Peaches, and Milk Ritz, Cheese Cubes and Water	24 Bagel w/Wow Butter and Water Broccoli, Rice, and Cheese Casserole, Tropical Fruit, and Milk Blueberries, Goldfish, and Water	25 Rice Krispies and Milk Pasta Salad, Roll, Green Beans, Pineapple and Milk Hummus, Pita Triangles and Water	26 Cheesy Potato and Egg Scramble and Water Veggie Crumble Nachos*, Salad with Italian Dressing, Pears, and Milk (*Sub Tortilla <2) Soft Pretzels w/ Honey Mustard and Milk	27 French Toast Sticks, Bananas, and Water Cheesy Baked Penne Pasta, Mixed Veggies, Mandarin Oranges, and Milk Carrot Sticks*, Bell Peppers, Onion Dip, and Water (Sub Ritz <3)
30 Veggie Sausage Skillet and Water Broccoli Veggie Chicken Alfredo Pasta, Tropical Fruit, and Milk Fresh Fruit, Animal Crackers, and Water	1 Cereal Variety and Milk Soft Veggie Chicken Taco , Black Beans & Corn, Peaches, and Milk Saltines, Cheese and Water	2 Vanilla Yogurt, Granola, and Water Cheese Sandwich, Peas, Mandarin Oranges, and Milk Apple Slices*, Wow Butter and Water (*Sub Graham Crackers <2)	3 Egg Patty, Veggie Sausage, English Muffin and Water Orange Veggie Chicken, Rice, Broccoli, Pears, and Milk Tortilla Chips* with Cheese and Salsa, and Water (*Sub Tortillas <2)	4 Cheese Toast and Milk Veggie Patty on a Bun, Cole Slaw, Fruit Salad, and Milk Trail Mix, Strawberries and Water